VAN ALLEN BELTS, SHUMANN RESONANCE, MEMORIES - ATHENA SWARUU - EXTRATERRESTRIAL CONTACT
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Temporal Slip
Swaruu X (Athena): Those are current time slip numbers. In 2009 it was 2.5 days on Earth to 1 in Temmer. Today, in Temmer, what you perceive as a normal day with normal duration as you perceive it on Earth today in terms of duration, is equivalent to almost 5 days on Earth. In other words, you live your day in Temmer and at the end of it, almost 5 days will have passed on Earth.
Robert: Would it be the same on all Taygeta planets? 5 Earth days for one Taygeta day globally?
Swaruu X (Athena): Yes, exactly the same with only minute variations, being that the slowest planet is Dakoté, then Procyon, and the two Erra and Temmer the same. But I am talking about minutes of difference. I know some people who say that the data are not congruent, that because before we said 2.5 and now 4.7... but they only seek to find faults, they do not realize that the time slip problem is getting worse. In other words, the gap is getting bigger.
That said, there are places or planets orbiting black holes where the time slip is decades on Earth for 1 day there.
A good example of this is shown in science fiction in the recent movie: "Interstellar". Time is not something like a phenomenon, it is not something tangible, much less a wave or particle. What produces it is consciousness, as something inescapable from it.
That is, you cannot be a person or creature that knows itself to exist, "I think therefore I am," without generating a perception of the passage of time, which is just the progression of your own thoughts and perceptions and how you process them.
Robert: So this gap that's getting bigger and bigger... "of time" between Earth and the rest of the planets is due to people's time-consciousnesses (to one's own thoughts and perceptions) that are going down as in "state of mind" because of what they are observing ultimately in this year?
Swaruu X (Athena): The time-slip gap occurs between Earth and the other planets in other solar systems, i.e., not only does that happen in, or with, Taygeta, but with virtually all places with planets in the same circumstances as those orbiting the star Taygeta.
And yes, yes, it has become more pronounced in the last two years, and strongly so. That is, the gap has increased enormously since 2020 and worsened in 2021. In 2019 the gap was 4.5 to 1, and we are already at 4.7-8 to 1.
Robert: The Earth is going "backwards" then?
Swaruu X (Athena): In terms of consciousness level, yes, it can be said it is going backwards. But we are talking about collective consciousness which in turn forms the Collective Unconscious which in turn generates the average temporal perception of a planet.
Robert: Is this serious? What are the consequences for humanity? Or does it affect all terrestrial biology?
Swaruu X (Athena): It is a clear indication that humanity is not progressing. It is a much better and more accurate indication than the Schumann frequency, which in the most recent experiments conducted by the Toleka shows that it has little or nothing to do with the average level of consciousness on Earth. In other words, the Schumann resonance going up means absolutely nothing.
It used to be thought to illustrative how the collective is doing, and many still maintain that. For in collective meditations there has been an extra measurable peak. However, we believe that it is temporary and returns to its usual state after the meditation as the same people who participated in the meditation return to their usual state of living in fear and determinism. Or it may also be that the measurable peaks in the Schumann resonance are simply coincidental.
It is said that the Schumann resonance is like the frequency of the toroid that envelops the Earth and determines its frequency as in its position with 3D, 4D and 5D (except that we have already explained why these "D's" do not exist and are a human mental construct).

While yes, it is a frequency that envelops the Earth, the frequency of the Ionosphere (ie: Schumann resonance), it does not have a full effect on the frequency of the Earth because it is below and within the strong energetic toroid of the Van Allen bands.
The frequency of the Van Allen bands are the ones that determine the existential frequency on Earth and not the frequency of the Ionosphere. By "existential" frequency we mean the cycles per unit of time of the molecular oscillations that compose the matter on the Earth. Being that the time unit part, whatever it is, is relative to the observer and is not a universal constant.
Gosia: Question: You said above that it is the frequency of the Van Allen bands that determine the existential frequency on Earth and not the frequency of the Ionosphere. But it has also been said that Van Allen bands do not matter, that it is the human consciousness that determines its collective existential frequency.
And another point, but then the Van Allen bands do play a role in determining the existential frequency of the population? And I say this also because it has been said that when people are extracted, memories and other functions are activated. But if Van Allen bands don't matter, then why couldn't they be activated already from Earth? As Yazhi says, Van Allen doesn't matter, only the mental state.
But if memories and other things are activated just or shortly after crossing these bands, then it indicates that they DO play a role in the frequency and functioning of the individual, don't they?
Swaruu X (Athena): The Van Allen bands are the base frequency of the misnamed terrestrial 3D. They generate the psychic sludge that gives the illusion of separation with everything else. But that frequency is very low, it is as if it only reaches the 50 frequency level as an example. And the average human consciousness is 35 and the awakened are at 45, but still below 50. However, if they worked harder, they would go up to say 55, and then the Van Allen bands don't matter. (The scale was just made by me as an example).
So people who have not yet reached a certain level of awareness are invaded by the sludge of artificial 3D, but people who exceed the point or maximum frequency of these bands, escape. They no longer see things as they did before and will never be able to go back to the way they thought before, to the way they decoded reality. So even though the Van Allen bands are there bothering them... people have the ability to transcend them. So they don't really matter.
And if the people would just agree to collectively perceive things more positively, they would make the average human collective thinking ascend beyond the "50 point" escaping that reality. It's not like humans are at 35 points and the awakened are at 45 points when the Van Allen bands are at 500, as in unreachable. That artificial 3D mud is very superficial, only those who do not understand that all they have to do to see reality for what it is, is to get their heads out of the muddy water get confused and lost. The Van Allen bands are there and at the same time they do not matter, they are not the reason why humanity does not wake up. It is not an excuse.
Gosia: I understand. But they seem quite an obstacle if even none of us here remembers anything, nor do we have more advanced functions activated. If we can't get activated, how will more normal people achieve that? Although I understand that in my case at least not remembering is part of my pod program setting. Not of the state of my consciousness itself.
Swaruu X (Athena): It is not measured in remembering or recalling data, as fixed memories. Rather, it is measured by remembering who you are inside of you, knowing yourself.
You do not have active memories because they have not been translated into your physical body, but they are what you call astral. It is like dreams. You don't remember them because they are experiences from other realities, and they need to be actively processed by the physical brain to be memories when "back" in the physical.
The brain is the translator. If you don't process them, they are lost, but only from when you are conscious in the physical. That is what the body is for. Without the body you are gone, you are astral. You need to somehow contain a set of ideas that form memories in the physical-brain that will in turn determine a person's ego and self.
If I go down there, to Earth, or anyone else from outside the Earth goes down, we don't forget anything from here. Because the experiences are already contained in the physical body-brain. It is as if dreaming was a

streaming video. Signal from the astral entering the physical body, but if you go out of the necessary frequency you lose the signal because you have not "downloaded" the video. I would not forget the life here because it is already in my mental "hard drive". It's just a matter of frequencies, that's all.
The Van Allen bands determine the Earth's average frequency, and at the same time they do not matter for people's awakening. So if the frequency of the Van Allen bands is 50, and being on Earth and from Earth you have lived all your life in level 35, you will not remember anything new, only dreams, dream world. And if you wake up spiritually you would be, say, at 65 of 50, 15 above. Even so you do not remember because you have not physically translated what is not of that 3D frequency to your mental "Hard Disk". So whether you remember or not does not determine your level of consciousness.
Gosia: But if it is not on my Gosia hard disk, why would it suddenly "activate" if I was extracted? I will have the same hard disk. Gosia body. What is there behind the bands that activates these memories? I think that, by logic, if the memories are activated there in my current body, and the memories are something from another "higher reality" that you can translate or not, then by being beyond Van Allen, you must be then in "higher frequencies" that are compatible with these memories... that's why your brain can translate them.
ERGO: what is beyond Van Allen is of higher frequency itself. I don't know if I make myself clear.
Swaruu X (Athena): We have also said that you will not necessarily get your memories back as is, but you will be in a place where it can happen. And also, from the immersion Med Pod you already have hard drive inside the skull of your 5D body, and that would be passed on to you, because you no longer have that memory suppression, and, more importantly, you no longer have the mental programming to block those memories.
Gosia: Hmm... interesting, thinking. And if being here on Earth I transcend the frequency of Van Allen to 65 for example (Van Allen being 50)... in theory then the memories should be activated because that is equivalent to being extracted, isn't it? And now let's not talk about my pod settings, but about any starseed that is here. From the Source.
Swaruu X (Athena): You will then be in a position to receive those memories but there is nowhere to draw them directly from. Or if the frequency is much higher yes, you should remember more. However, your body itself, the 3D, is manufactured and programmed to contain you within that 3D perception.
Gosia: Why is there nowhere to draw them from? From the Ether. The memories are not in the body, but beyond, in the Ether, aren't they?
Swaruu X (Athena): Yes, but you must be compatible with each of them, draw them. And yes, downloads do happen.
Gosia: Ok. You say, "However, your body itself, the 3D, is manufactured and programmed to contain you within that 3D perception." 3D body... has to do with DNA? That we are already born into the "limited" body? Limited by collective agreements since millennia?
Swaruu X (Athena): 3D body is made with DNA. DNA that reflects your life plan. And that is due to more advanced agreements from afterlife. And yes, they are contained as code in the DNA.
Gosia: It reflects the life plan, but we are also born to bodies that already have some kind of collective programming too, don't we? Collective genetics that has been built and cemented over the centuries? And I guess that's also why we don't know certain things.
Swaruu X (Athena): Yes, that is also contained in the DNA.
Gosia: Wow, what a complicated subject.
Swaruu X (Athena): Yes, and all the answers do not exist, there is still a lot of speculation even here. It is not easy to investigate this.
Robert: Ok, going back to what you were saying before. Schumann frequencies and all this. So neither rays from the center of the galaxy, nor so-called "positronic" particles and all that, do nothing to the collective being "asleep-dispersed" and distracted?
Swaruu X (Athena): These rays affect every planet and its total frequency by increasing or reducing the frequency in which the planets are immersed in general in the whole quadrant. That is, if the Earth has a frequency of 7.9Hz for example, it will increase the base frequency of the galactic environment. It is raised by an energetic wave coming from the center of the Galaxy, but will return to the original readings as the

wave leaves.
Those galactic waves that are also the cause of "storms" in space, of charged particles, are nothing more than a spiral wave of gravity that follows the same spiral motion of the galaxy.
In any galaxy the arms can be observed to rotate because they are the points with greater concentration of matter, i.e.: stars, suns, planets and all that, because they are zones of greater galactic gravitational concentration, so it is there in the arms where matter and energy (being the same thing) are concentrated, formed, or manifested.
But that does not mean that in the points between the arms observable to the naked eye of the galaxy there are no gravitational waves that basically follow the same energetic dynamics, flux, or motion vector, as the rest of the observable arms.
And it is these arms that cause space storms of a transient nature. And as happens with the points of highest concentration of matter-energy in a galaxy, these minor waves will also form, manifest, or also attract particles and gravel, or space grit, that as these waves are formed by gravity, will concentrate on them and follow their vector of motion causing the space storm that we all know, and that is perceived as a spacecraft being stoned by gravel and grit at high speed.
(This also causes spaceflight as NASA tells you to be unfeasible since a delicate and unprotected spacecraft with no energy shields like an Apollo would not survive such an event).
Robert: You said earlier: "The most recent experiments conducted by the Toleka". What experiments are those?
Swaruu X (Athena): They are experiments of monitors of Earth's ascension from 3D to 4D and 5D as previously explained and believed. These experiments are base or normal for the crews of Federation ships. But Taygeta and we already realized that they are useless since the "D"s do not apply, it is not as they are called on Earth.
Here even without the "D"s it was still thought that there would be ascension, but we understand that there is not, because the Federation itself understands and wants to keep Earth as it is.
Or it holds strong regressive ideas, such as that the Earth cannot ascend with so many inhabitants, therefore the vast majority of them must be gotten rid of. (Strong suspicion against the Federation, which Yazhi and I see).
Robert: But when the "wave" leaves, the frequency will always be, even if just a little bit, higher than the old original reading or so I understood.
Swaruu X (Athena): Yes, the Schumann resonance is supposed to be a little higher when the wave leaves. We see that it does happen, but then it goes down more, the assumption that it stays up "a little bit" more each time is seriously questionable.
Robert: Super interesting everything you say. And what´s that about "the Age of Aquarius"?
Swaruu X (Athena): That is mostly human Astro-Theology indicating an era of about 2,600 years (varies) where observable from Earth it is in procession inside or from the Aquarius constellation. But those constellations with the exception of a few, like Orion or Taurus, are only human interpretations.